



Together Toward Recovery Our Services to Support You

Cedar Centre for the Rehabilitation for Victims of Torture in Tripoli is ready to support you through:



Medical consultations



Psycho-social support



Physical therapy



Legal support

For more information or inquiries on our free services, contact us at: 81-490607

"Your journey to hope starts here - you are not alone"



"Your rights are protected. Do not be silent about violations"



Every survivor of torture has rights that must be respected and guaranteed, according to Lebanese law (Law No. 65/2017 on the criminalization of torture) and international conventions:

- The right to safety and protection from further violations.
- The right to medical and psychological care.
- The right to report and demand accountability.
- The right to legal assistance.
- The right to justice - we are here to help you reclaim it.

For more information and inquiries, contact us at:

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"The recovery journey begins with a decision"

Small steps toward recovery:



Ask for help

Talk about your feelings with someone you trust



Provide comfort

Take time for yourself to practice meditation and relaxation



Expression

Don't be ashamed to ask for help – psychological support is part of recovery

Remember, recovery is a journey, not an impossible path, and every decision you make brings you closer to mental and physical well-being.

"What happened is not your fault... You decide what you want to become"

Breaking the silence

is the first step toward justice



Why should you report torture?


To protect yourself and others from future violations.

To hold these responsible accountable.

To get legal, medical, and psychological support.

Reporting is a right, not a risk, and your privacy is protected.

"Together we fight torture and defend human dignity"

 If you need legal guidance, contact us:
81-490607